



Life Rooms Advisory Group

Minutes

20.06.18 Southport Life Rooms

1. Welcome/introductions	
2. Present/apologies	10
3. LLAG priorities	<ul style="list-style-type: none"> • Community events • Carer support • Recovery College developments (including earlier timetables, opportunities outside of term time, more social groups and greater opportunity for volunteer involvement) • Improving awareness • Out of hours opportunities • Improving access • Café improvements
4. Improving awareness	<p>Light blue version is easier to read. Vibrancy of darker blue was well received.</p> <p>Need to amend Southport address.</p>
5. Recovery College	<p>Feedback given to Recovery College Manager in relation to:</p> <ul style="list-style-type: none"> • Communication • Course length • Course content • Suggestions for other courses <p>These will be picked up at RCAG.</p>
6. Life Rooms research and evaluation	Did not discuss.
7. Life Rooms principles/ethos	Developed charter as group – see additional notes.
8. Pathways Advice service	Positive feedback from those that had experienced the Pathways service.

	<p>Some gaps identified in signposting:</p> <ul style="list-style-type: none"> • Dieticians • Anger management • Self-harm • Support for younger people • Carer support • Addiction support <p>The group felt the service could be better communicated in the following ways:</p> <ul style="list-style-type: none"> • Leaflets • Meet and greet volunteers explaining service • GPs understanding service better • Mersey Care practitioners understanding service better • Local media <p>Sub group to be created to work on Pathways Service developments.</p>
<p>9. AOB</p>	<p>Supporting people to feel less lonely (did not discuss)</p> <p>Engagement with older adults with physical health issues who may not be IT literate (did not discuss)</p>
<p>10. Date of next meeting</p>	<p>Wednesday 1st August 1pm – 4pm Life Rooms Walton</p>