

LRAG Life Rooms

Meeting minutes: Zoom 22.09.20 1-2.30pm

Chaired by Clare Rotheram

Minutes by Clare Rotheram



1. Welcome back

2. Introductions

Everyone introduced themselves with their name and a positive word to describe themselves.

3. Review of activity during lockdown and future plans (social prescribing, learning)

- General overview of The Life Rooms activity and position for the future: challenges of opening for face to face activity, focus on diversifying access routes whilst we cannot safely open.
- Learning activity including online videos and use of Zoom. The future of learning, including online learning platform.
- Pathways activity and future plans including development of the telephone service and developing video calling opportunities for pathways support.

Brief discussion around current activity:

- Accessibility needs to be considered – subtitles
- Shared reading should feature on the Zoom timetable
- Concern for those that are not IT literate

4. Thoughts feedback from the group around lockdown activity and future plans (small groups)

Learning:

- Accessibility for our online resources, e.g. languages, signed content, subtitles etc.
- Nervousness around Zoom – isolation and nervousness, emotional to be back in contact even if only virtually
- Promotion and advertising of Zoom sessions – not clear where we get the information about these
- What sort of things are going to be on a zoom session? (creative, drama, music)
- Finding out about Zoom sessions last minute

- Need for discussion groups/places to share experiences not just formal courses
- Watching YouTube videos has not been the same as accessing courses in The Life Rooms as it does not feel personal and there is no learning material – member are looking forward to the launch of the Online Platform and Zoom courses
- Can we make course material printable?
- Can we send course materials to members who do not have access to a printer?
- Can staff print and post documents needed by members who can't access printers due to lockdown?

Pathways:

- People don't know about pathways how can we let people know (leaflets)

Communication:

- Lack of contact/comms/updates with volunteers during lockdown.
- Communications have been hit and miss – some people who are on the mailing list are not receiving comms emails and not receiving responses from The Life Rooms email.
- Some people have received all comms material via email and feel we have done a great job in communicating the offer during lockdown.
- Can the Pathways and Learning team produce comms to explain particular courses/partner offers as some people are unsure of what The Life Rooms actually offers.
- Can the Facebook page settings be adjusted so that all members of the page receive a notification when we make a new post?

General:

- Slow to respond to lockdown e.g. The Reader was doing zoom sessions back in April.
- Volunteers would like to be more involved if possible.
- There is a loss of interaction within Zoom context.
- The Life Rooms has done the best that we could have considering the circumstances and the resources available.

5. Hopes/concerns for the future of The Life Rooms

Hopes:

- To get back into The Life Rooms buildings.

- The Life Rooms will develop more opportunities to reach people.
- That we will get through this!
- That we can remain positive.
- That we will be able to get out and about soon.
- That there won't be a gap in Life Rooms provision.

Concerns:

- Feels like re-opening is a long way off.
- How do we maintain community during these times?
- How will open days operate in The Life Rooms moving forward?
- What will be accessibility restrictions for accessing The Life Rooms when physical sites reopen?
- How Covid is impacting on population mental health.

6. Close

- Confirmed next meeting date 28.10.20
- Any feedback/suggestions about the session to be sent to liferooms@merseycare.nhs.uk