

LRAG Life Rooms

Meeting minutes: Bootle site 18/3/20

Chaired by Michaela Cole

Minutes by Michaela Cole

1. Welcome & Introductions

MC brought the positivity jar around and each member of the group introduced themselves and read out their card and what it means to them.

Recap – You said we did

Suggestion box to be put somewhere visible – now on main desk.

Garden Group or other place to go – At Southport a mini bus is taking people to and from the allotment; this is something that may be rolled out from Bootle in the future. Bootle in Bloom working alongside The Brunswick doing some gardening projects all welcome to join MC is happy to advertise this project to Life Room's members and visitors.

Timetables / Open Days / Events

At present all timetables are being updated to reflect changes due to some courses and groups being cancelled due to recent safety precautions following Covid19.

Open day will be going ahead with the release of the April timetable. Going forward until further notice there will be no events scheduled in.

Covid19 – Coronavirus – precautions and updates

For the time being Life Room's Bootle is operating business as usual until further notice. People are advised to take sensible measures and precautions, good hand hygiene, those with underlying illness to take extra care self isolate if feel the need to do so, should anyone show any symptoms to self isolate and call 111.

AOM

Publicity / Advertising Life Room's leaflets etc.

Life Room's Bootle and Southport are now advertised in Sefton GP surgeries via newsletters and screens.

Once safe to do so teams will plan engagement events and arrange leaflet drops around local areas.

Some leaflets from partner organisations offering free activities do not always clarify that they are not wheelchair friendly. MC to contact these partner organisations to see if they can clarify if there is any restrictions on their leaflets to avoid disappointment should there be restrictions.

Online timetables – is there any possibility for the current month and the new month ahead to both be shown? Once the new timetables go online the current ones are replaced but the month has not ended. Drinking water machine – any updates as to when we will receive this at Bootle? – this has been escalated to senior management within Life Room's to bring forward to meetings with senior management in Hugh Baird for updates.

Table Tennis – all the balls are white could we possibly look into purchasing some different colours for those that have visual impairment – MC to see if we can get some ordered.

Suggestion Box suggestions

I miss the music on the radio. Please bring the radio back to Bootle Life Room's.

Can we have some music...

Too quiet need tunes

Where has the music gone? Came yesterday it is too quiet without it

Really enjoyed playing table tennis today, it was really fun & please bring back the table tennis back more and please bring the music back.

Thank you for today in the Life Room's. I am a carer for 3 people 24 hours per day I haven't had a hobby for 21 years or any interest just for



me and today I had chance to speak to Emma at Living Well Sefton and she is going to find activities just for me. Thank you.

Me and a few other people thought it would be a good idea to have a water cooler machine.

Please can we have a basic skills course, for example – how to sew a button, take up trousers, hem a skirt or dress, how to read a meter etc.

Close with thank you and goodbye

LRAG meeting close down MC brought the positivity jar around and asked everyone to take a card read it out and pass it to someone in the room who they felt the card should go to and why. Messages of well wishes at such a stressful time and let people know that there is lots of support available should people need it.