



Life Rooms Advisory Group

Agenda

24.01.18 1pm Southport Life Rooms

<p>1. Welcome</p>	
<p>2. Present</p>	<p>CR; PW; DW; JS; RL; YW; ML; JR; JF; MH; DC; DY; MH; JH; LK; ZD; AM; NR</p>
<p>3. Apologies</p>	
<p>4. LLAG priorities</p>	<p>Reviewed group priorities:</p> <ul style="list-style-type: none"> • Community events • Carer support • Recovery College developments (including earlier timetables, opportunities outside of term time, more social groups and greater opportunity for volunteer involvement) • Improving awareness • Out of hours opportunities • Improving access • Café improvements
<p>5. Improving awareness</p>	<p>See separate document.</p> <p>Agreed to arrange sub group meeting to move things forward: Thursday 8th February 2pm-3.30pm at Walton Life Rooms, room 2 (with clinical liaison and events coordinator)</p>
<p>6. Life Rooms evaluation work update</p>	<p>Outcomes measures discussion:</p> <p>ReQoI Use of 'I' was questioned Unsure about questions 3 and 6 Positive presentation and font</p>

	<p>SWEMWBS Use of 'I' was questioned Suggestion of smiley faces as opposed to numbers Prefer word 'connected' rather than close</p> <p>INSPIRE Positive response to different sections Feels in depth Would take a significant amount of time to complete Would not allow to measure over a specific time period</p> <p>QoLAD Simplicity was received positively Clear layout Comments box is good addition for context Could replace words with smiley faces</p> <p>QPR Presentation caused difficulties Font too small Feels like a lot "Wordy"</p> <p>Mini Mans Positive about smiley faces Overall, felt somewhat patronising Potentially good as an alternative?</p>
<p>7. AOB</p>	<p>RC sub group arranged for Tuesday 30th January at 2.30pm in Walton Life Rooms, room 3 (with RC manager and strategic lead). Attendance optional, all welcome.</p> <p>Main points for discussion:</p> <ul style="list-style-type: none"> • Lack of confirmation (courses) • Text/e-mails: online portal/app? • Communication issues - can be off-putting/impact on individual • Use of social media • Making music performance: lack of teacher



	<ul style="list-style-type: none">• Yoga at Walton - can it be run by vols?• Consistency in facilitators• Training/using vols
8. Date of next meeting	Wednesday 4th April 1pm Walton Life Rooms, room 1