

Live Zoom Session Timetable

Click on the session title to register on Zoom.

Monday 22 November	Tuesday 23 November	Wednesday 24 November	Thursday 25 November	Friday 26 November
<p>No zoom sessions today – check our face to face timetable for further learning opportunities</p>	<p>11am Movema Session</p> <p>2:30pm Virtual Coffee Afternoon</p>	<p>10am Home Gym</p> <p>1pm Creative Writing with Liverpool Everyman and Playhouse</p>	<p>11am Movema Session</p> <p>2:30pm Confidence Through Drama with Liverpool Everyman and Playhouse</p>	<p>11am Mindful Stretching</p>
Monday 29 November	Tuesday 30 November	Wednesday 1 December	Thursday 2 December	Friday 3 December
<p>11am Mental Health Monday</p> <p>2:30pm Poetry and Life Writing with Maria Isakova-Bennett</p>	<p>11am Movema Session</p> <p>2:30pm Virtual Coffee Afternoon</p>	<p>10am Home Gym</p> <p>1pm Creative Writing with Liverpool Everyman and Playhouse</p>	<p>11am Movema Session</p> <p>2:30pm Confidence Through Drama with Liverpool Everyman and Playhouse</p>	<p>11am Mindful Stretching</p> <p>1pm Making Music</p>

[Click here for descriptions of our live Zoom sessions.](#)

